

# Laneview School Family Handbook

## 2019 - 2020

2095 Warmwood Lane  
 San Jose, CA 95132  
 (408)923-1920 FAX (408) 262-5804  
 Maricela Krickovic, Principal  
 Dr. Roxanne Fuentes, Superintendent

**WELCOME!**

*This handbook contains information about our school that we hope you will find useful and informative. Please read it carefully, and save it for a handy reference for the duration of your child's attendance at Laneview School.*

*It is our intention to work closely with our community, sharing the responsibility of teaching and learning among parents, teachers and children while working towards every child's success and positive self-esteem. Our goal is to work with you as a partner in your child's education. As a school, we need your ideas, support and encouragement to build a strong community education program. Together we will provide the best possible education for your child.*

*Your support and collaboration are essential. If you have any questions or concerns should arise at any time, please feel free to give me a call. I look forward to working with you and your child.*

*Sincerely,*

*Maricela Krickovic, Principal*

### STAFF

(Subject to change)

Name	Grade	Room #
Goldfein, Douglas	Kindergarten	1
Hofmann, Jacquie	Kindergarten	8
Tran, Ha	First Grade	2
Bates, Pam	First Grade	P2
Jacobson, Angela	First/ Second Grade	4
Peters, Isabelle	Second Grade	15
Scott, Diane	Second Grade	22
Betancourt, Jessica	Third Grade	7
Hernandez, Corey	Third Grade	6
Krenz, Sarah	Third/ Fourth Grade	26
Maier, Julianne	Fourth Grade	14
Espanol, Esmeralda	Fourth/ Fifth Grade	25
Moses, Grachia	Fifth Grade	19
Wood, Rose	SAI – 3 <sup>rd</sup> -5 <sup>th</sup> Grade	11
Oh, Christine	SAI – Kindergarten-2 <sup>nd</sup>	Y1
Mazariegos, Erica	SAI – 2 <sup>nd</sup> /3 <sup>rd</sup> Grade	12
Martinez, Amy	SAI – Pre-K	Y2
Pham, Tricia	Resource Specialist	10
Clements, Linda	Music (Band)	P3
Peterson, Karen	Music (Orchestra)	MPR Stage
Borba, Carlos	4 <sup>th</sup> /5 <sup>th</sup> P.E. /APE	Outside

Name	Position	Room
Krickovic, Maricela	Principal	Office
Yow, Carol	Secretary	Office
Fung, Gloria	Clerk	Office
Glanville, Donna	Media Tech	Library
Aguilar, Carlos &	Custodian	
Baptiste, Wayne	Custodian	
Perry, Dorothy & Velez, Teresa		Cafeteria
Lin, Yi-Jing	Psychologist	Office
Schultz, Elaine	Social Worker	Office
Lindberg, Sarah	Occupational Therapist	Room P1
Waters, Kate	Occupational Therapist	Room P1



**OFFICE:** The school office hours are 7:30 A.M. - 4:00 P.M. on school days. The telephone will be answered during those hours and someone will be here to assist you during that time. Our office phone number is (408) 923-1920.

**ARRIVAL TIMES:** Playground supervision begins at 7:58 A.M. and we urge you not to send your children to school before that time, as we cannot be responsible for their safety.

**ABSENCES:** Please telephone the school office, 923-1920, by 8:30 A.M. if your child is absent from school. You may call this number at any time beginning the afternoon before. It is recommended to schedule appointments after school.

**TARDIES:** Tardies are disruptive to both your child and his/her class. Punctuality is a habit that needs to be established while children are young. We would appreciate your cooperation in helping your child learn this important habit. Children must be in their classes by 8:00A.M. for fourth and fifth grade students and 8:15A.M. for kindergarten, first, second & third.

**AFTER THE BELL HAS RUNG** and students have entered their classrooms, we ask that all parents, guardians and caregivers exit the campus promptly unless you are going to the office for other campus business (signing in to volunteer, turning in paperwork, etc.). Please do not engage in extended conversation with the teacher.

**CHANGE OF ADDRESS/TELEPHONE:** Please notify the office of **any change in your address, telephone number or email address**. We would also appreciate being informed if the names/phone numbers of your emergency contacts change, including childcare.

**SCHOOL VISITATION:** All visitors and volunteers must check-in at the office regardless of their purpose for being on campus. This is a district requirement

**PUPIL SIGN-OUT:** Release of a child from school may only be made by a parent, legal guardian or person(s) listed on the emergency card. Anyone taking a child out of school **must sign their child out from the office**, not the classroom and must provide picture I.D.

**INDEPENDENT STUDY:** We do not encourage Independent Study, but family emergencies are unavoidable. If emergencies arise and your child will be out for 5 days, but not more than 10 days, we need to be notified in writing at least 2 weeks in advance so that an Independent Study contract might be prepared. Enclosed is the school year calendar and vacations should be taken when school is not in session. Independent Study **will not be approved after March 30<sup>th</sup>**.

**TRANSFERS:** When a student is moving, please notify the office at least a week in advance. Teachers need to prepare placement information for the new school.

**HOMEWORK:** Homework is an integral part of the student's total program. It is important for learning responsibility, good work habits and good study skills. It is an extension of classroom learning experiences and requirements vary within each grade level.

Suggestions to parents: provide a regular time and a quiet place for your child to do his/her work, be available to help when asked, and review the finished work. If your child has had a great deal of difficulty doing the work, let the teacher know by note or phone. You may wish to ask the teacher for specific suggestions.

**BOOKS:** Textbooks, library books and reference books are to be handled carefully by everyone. Books lost or damaged beyond repair must be replaced. It will be the responsibility of the student to whom the books have been assigned to pay for replacement or damaged or lost books. We value our collection of library materials. Please return library books on time and in good condition.

**STAYING AFTER SCHOOL:** If it is necessary for your child to stay after school for any reason, you will receive a phone call from his/her or the teacher. State law allows school personnel to detain children up to one hour after school for assistance to make-up time due to tardies, for behavioral reasons, etc., providing the parents are notified. Parents are responsible for arranging transportation home following this after school time.

**CLASS ASSIGNMENTS:** Student placement in a class at the beginning of the school year is temporary. Changes in the total school enrollment may require the reassignment of students to other classes (which may include combination classes). Gender, ethnicity, academic, social and emotional developments are some of the criteria used to create balanced classes. Infrequently, it may also be necessary to move some students mid-year because of enrollment changes.

**VOLUNTEERS:** Parents are encouraged to volunteer at school. Please contact your child's teacher if you are available. This is a powerful way of showing your child how important their schooling is to you. You must have an updated PPD (TB) test on file with the school office. If you are volunteering in the classroom, there are additional forms that **must** be completed before volunteering begins. Please inquire in the office.

**TRAFFIC IN THE PARKING LOT:** For the safety of students and staff, we ask that drivers follow safe and courteous driving rules on and around Laneview. Do not park or leave your car unattended in the pick-up areas. Drop off and pick-up students in the front of the school. No drop off or pick-up in the staff parking lot (on Laneview Drive). The San Jose Police Department monitors street parking.

**OBSERVATION DECK:** The school playground is not open to students until the first bell. Students should arrive no earlier than 7:55am. Students who arrive before the first bell need to wait behind the designated lines. When the first bell rings at 7:58am, 4<sup>th</sup> and 5<sup>th</sup> graders should walk to their classrooms. Students in kindergarten through 3<sup>rd</sup> grade may walk to the playground. Parents and Guardians may accompany the younger students. **During the first week of school**, parents may walk their child to the playground and show them where their lines are and relieve any anxiety he/she might have.

There will be two teachers supervising the playground area when students are allowed on campus. We ask that **after the first week**, parents and guardians, who bring students to school and choose to wait for their children to go to class, stay at the top of the stairs in the designated area called "Laneview Observation Deck", while the students walk down to the playground.

**BICYCLES:** Students in 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> grades may ride their bikes to school as weather permits and **must** have a parent permission form on file. A form is available in the office. Students riding a bike to school must obey the following rules:

1. Rider must **wear** a bicycle helmet.
2. Rider must park and **lock the bicycle and helmet** in the bicycle rack area during the school day.
3. Rider must walk the bicycle while on school grounds.

Students who do not obey the above rules will be denied the right to bring their bicycle to school. Even though all precautions are taken for the safety and security of bicycles, the school is not responsible for damages or theft of bicycles, helmets or locks.

**LUNCH PROGRAM:** Lunch is available on a daily basis for all students. Lunch may be purchased in advance at school or online or paid daily, weekly or monthly. **Lunch is \$3.00**. Free and reduced lunch applications are available in the main office upon request.

**LOST & FOUND:** Students who have lost an item at school should look in the "Lost and Found" area. Parents are welcome (and urged) to double check our "Lost & Found" at any time. **Marking students' jackets, coats and belongings with their first and last names will help us return the articles to the correct child.**

## SUPPORT PROGRAMS

**HEALTH SERVICES:** Berryessa Health Services are provided by a district nurse who serves the needs of the district's schools. The district nurse's chief concern is the physical and emotional health of the students. To this end, she implements a number of programs such as: screening tests for vision, hearing, dental health and scoliosis (abnormal lateral curvature of the spine). Please contact the school if your child has been diagnosed with a communicable disease. You will be notified if your child has been exposed to a particular communicable disease at school.

**FIRST AID:** First aid is given for common injuries that occur at school. The purpose of first aid is to make the student as comfortable as possible and to prevent further injury. 9-1-1 will be called for serious injuries. The school will contact parents/guardians for any serious injury or illness. It is the responsibility of the parent or guardian to seek medical care or advice.

**MEDICATION:** Medication is not administered at the school unless your physician has completed the District medication form. Most medications can be timed so that they can be given at home by the parent. All medications are kept in the school office. Please do not send medication to school with your child. Students are not to have any type of medication in their possession, including over-the-counter medicine such as cough drops, aspirin, inhalers, etc.

**MEDICAL AND DENTAL APPOINTMENTS:** Please make appointments before or after school hours. If this is not possible and your child must be released from school, please notify the teacher and office. Please bring a note from the doctor upon the child's return to school. All students must be signed out of the office prior to release from school by parent or guardian.

**EMERGENCY PROCEDURES:** Schools practice emergency procedures once a month. In the event of a real emergency our district emergency calling system (NTI) will notify you.

**CHILD ABUSE/NEGLECT REPORTING:** All school employees are required by law to report any suspected abuse or neglect cases to Child Protective Services. All reports will be kept confidential.

**FLAG SALUTE:** There will be a daily Pledge of Allegiance to the Flag of the United States of America. It is the teacher's responsibility to see that this policy is carried out in an appropriate manner. The policy shall not be interpreted as requiring persons to salute who are legally entitled not to salute. (This is Berryessa District Policy 6115).

**Classroom Celebrations and Rewards:** 1) Class parties or celebrations that involve food shall be held after the lunch period and shall be limited to no more than one party per class per month. 2) Parents are encouraged to offer healthy food and beverage choices for celebrations. Foods should be commercially purchased and devoid of common allergens, e.g., peanuts to minimize the risk of food-borne illness and allergic reactions. The Wellness Committee will disseminate a list of healthy party ideas to schools that may be shared with parents. 3) Schools shall not use foods or beverages of minimal nutritive value as rewards. 4) Students are discouraged from sharing foods or beverages with one another due to allergies. Also, due to food allergies and food safety, there is no "sharing table".

**ELD (English Language Development):** Children who do not speak English at a tested standard receive instruction in groups as part of the regular program.

**STUDENT STUDY TEAM (SST):** The SST meets to share information about children who have been referred by the teachers because of learning concerns. Members of the committee carefully assess the child's needs, pool available information and make recommendations to help the child find success. The SST may consist of the school psychologist, counselor, language and speech specialist, resource specialist, school social worker, classroom teachers, principal and most importantly parents. Special Education services are considered only after the resources of the regular education program have been explored and where appropriate.

**SUPPLEMENTAL INSTRUCTION:** The Supplemental instruction program is provided for students who are falling behind academically. In order to qualify a student must be identified as being challenged at their grade level.

## BEHAVIOR EXPECTATIONS

Note: Specific classroom and playground rules will be covered with the students during the first week of school and reviewed periodically.

**GENERAL EXPECTATIONS:** We expect the students to use good judgment in their actions at school and to respect themselves, their teachers and the rights of other students. Good behavior is essential for effective learning. Those who lack self-discipline not only interfere with their own learning, but also prevent others in the class from learning. We want all of our students to be successful at school.

**ITEMS NOT PERMITTED AT SCHOOL:** Students are not permitted to bring items such as toys, games, trading/collector cards, comic books, electronic games, radios, cameras, CD player, pagers, sports equipment, skateboards or rollerblades to school. The use of cell phones are not permitted during school hours. The school will not be responsible for the loss of any personal items.

### DISTRICT HARASSMENT POLICY

The Governing Board prohibits harassment of or by any student, or by anyone in or from the district.

Teachers shall discuss this policy with their students in age-appropriate ways and should assure them that they need not tolerate any form of harassment including any racial or ethnic slur. Any student who engages in harassment of anyone in or from the district may be subject to disciplinary action up to and including expulsion.

The Board expects students or staff to immediately report incidents of harassment to the principal or designee or to another district administrator. The district prohibits retaliatory behavior against any complainant or any participant in the complaint process. Each complaint of harassment shall be promptly investigated in a way that respects the privacy of all parties concerned.

## BERRYESSA SCHOOL DISTRICT BEHAVIOR STANDARDS

1. While at school or on the way to and from school, students are expected to observe standards of behavior developed by the school and district.
2. Students are expected to recognize and respect the authority of the teachers, principal, and other school staff, including substitute teachers, teacher aides, secretaries, custodians, cafeteria personnel, noon supervisors, bus drivers and school volunteers working in the school.
3. Students are expected to be in school every day, and should not be tardy to any class.
4. Students are expected to respect the rights, feelings and property of others.
5. Students are expected to use appropriate language at all times and refrain from using profanity, obscene gestures, and racial slurs.
6. Students are not to cause, threaten, or attempt to cause physical injury to another person.
7. Students are required to remain at school during school hours unless signed-out through the school office.
8. Students are never to have, or be under the influence of drugs, alcohol or tobacco.
9. Students are not to possess, sell or supply any firearm, knife, or explosive.
10. Students are expected to dress in a clean, safe and appropriate manner consistent with the school dress code.
11. State law gives the principal or designee the authority to suspend pupils from school in accordance with school, district, and state guidelines.

*It is the policy of the Berryessa Union School District not to discriminate on the basis of sex, religion, race, national origin, or handicapping condition in its education programs and activities, or in the recruitment and employment of personnel.*



*Pathway to the Future*

## COMMUNICATION



**BACK TO SCHOOL NIGHT:** On Back to School Night you will have an opportunity to visit your child's classroom and hear the teacher explain expectations and the programs for the school year. Back to School Night is held early in the school year. This is an evening for adults, and children are recommended not to attend. They will be welcome at our Open House in the spring.

**COMMUNICATION NOTICES:** Keeping parents informed about our school programs, special events and other newsworthy items is very important to us. The school newsletter will be emailed monthly. Please look for the newsletters, the telephone calls, emails and other notices that are sent home. Be sure to review them as they will contain information pertinent to you, your student and the school. This is our most direct line of communication between the home and the school.

**WAYS TO COMMUNICATE TO STAFF:** Every teacher has email, voice mail and a mailbox in the office. Don't hesitate to use these avenues of communication. Your ideas, suggestions, or concerns are important to us, and we will respond in a timely manner. Check out our website by going to our district website at: [www.berryessa.k12.ca.us](http://www.berryessa.k12.ca.us) and then clicking on schools.

**CONFERENCES/REPORT CARDS:** Conferences for all parents are scheduled in **November** and **March**. If a conference is needed at any other time, please call the teacher. There may be a change to your child's schedule during conference periods. Please check the school newsletter for dismissal times.

**OPEN HOUSE:** In the spring, an Open House is held. It provides an opportunity for students and parents to visit the classroom together and view some of the work they have completed and their achievements to their parents.

**PARENT ORGANIZATION/PTA:** The goal of the parent organization (PTA) is to encourage cooperation between the home, school and community for the best advantages for our children. Our goal is to promote and support school and classroom activities and build school community.

**SCHOOL SITE COUNCIL (SSC):** California state law requires that schools establish a School Site Council. Our Council will include the principal, parents and community, and staff members. The Council meets monthly to review and update the school plan and provide community input. Members usually serve two years and officers serve one year. Elections are held in September.

## Laneview Student Dress Code

Laneview School enforces a student dress code in order to maintain a positive school climate and ensure the safety of all students. Any attire or grooming disruptive to the instruction process, which may include, but is not limited to:

- Clothing considered to be unsafe, dangerous or a health hazard.
- Clothing with pictures or symbols deemed inappropriate. Drugs, sex, violence, alcohol, tobacco, offensive slogans or words degrading to any gender, cultural or ethnic values.
- Hair color or hair design that is disruptive to the classroom or campus.
- Clothing that allows underwear to be exposed.
- Tops which reveal the chest, midriff or stomach. Tank tops, halter tops, backless tops, spaghetti straps and tube tops are not allowed.
- “Sagging” or excessively baggy pants are not allowed. Pajama tops and or bottoms are not allowed.
- Shorts and skirts must be the length of the fingertips extended. No short shorts or mini skirts.
- No slippers, sandals, flip flops, slides, platform, high heeled or “Heelies” (shoes with wheels).
- No hats, caps or hoods are worn in the building. Caps may be worn outside for sun protection and **must** be worn the correct way.
- Rips on clothing in inappropriate areas. Clothing must be free of rips and tears.
- No dangling chains or belts.

### **Consequences of Dress Code Violations:**

Students who are in violation of the dress code may be sent home to change to appropriate clothing.

## Quy tắc trang phục của trường Laneview

Trường LANEVIEW xin nhấn mạnh về sự trang phục của các em học sinh để giúp duy trì một môi trường khả quan và đảm bảo an toàn cho tất cả các học sinh. Bất kỳ trang phục hay chải chuốt gây sự rối loạn cho quá trình giảng dạy, trong đó có thể bao gồm, nhưng không giới hạn:

- Quần áo thể hiện không an toàn, nguy hiểm, hoặc nguy hiểm cho sức khỏe.
- Quần áo có hình ảnh hoặc biểu tượng không phù hợp. Ma túy, quan hệ tình dục, bạo lực, rượu, thuốc lá, khẩu hiệu xúc phạm hoặc văn từ phạm nhục đến bất kỳ giới tính, nền văn hóa hoặc giá trị dân tộc.
- Màu tóc hoặc kiểu tóc gây sự rối loạn cho lớp học hay khuôn viên trường.
- Mặc quần áo lộ liễu đồ lót.
- Không được phép bận các áo lộ ngực, hoặc bụng. Áo sát tay, áo dây, áo hở lưng, áo hai dây và áo ống.
- Không được phép bận quần "chạy xệ" hoặc quần rộng thùng thình.
- Chiều dài các quần đùi và váy phải bằng chiều dài của cánh tay dang xuống. Không được bận quần đùi hay váy ngắn.
- Không được mang dép/slippers, giày quai dép/sandals, flip flops, giày cao gót.
- Không được đội mũ/nón hoặc trùm mũ trong trường.  
Mũ/nón có thể đội để che nắng và phải đội theo đúng cách
- Bận quần áo rách ở những chỗ không phù hợp. Quần áo phải được nguyên vẹn
- Không mang dây chuyền lưng lửng hoặc dây nịt.

Hậu quả khi vi phạm quy tắc trang phục:

Những em học sinh nào vi phạm quy tắc trang phục có thể bị trả về nhà để thay quần áo phù hợp.

## **Código de vestuario estudiantil de Laneview**

La escuela Laneview impone un código de vestuario estudiantil para mantener un ambiente positivo y seguro para todos los estudiantes. Cualquier vestimenta o apariencia perjudicial al proceso de instrucción que puede incluir, pero no se limitan a:

- Ropa considerada insegura y peligrosa o nociva para la salud.
- Ropa con imágenes o símbolos considerados inapropiados sobre drogas, sexo, violencia, alcohol, tabaco, lemas ofensivos o palabras degradantes para cualquier género, cultural o de valores étnicos.
- Color de pelo o diseño del cabello que perturba a la clase o escuela.
- Ropa que permite exponer la ropa interior.
- Camisetas que revelan el pecho, cintura o el estómago. Camisetas, camisetas sin mangas, blusas sin espalda, tirantes delgados y blusas de tubo no están permitidos.
- Pantalones desaliñados o pantalones excesivamente grandes no son permitidos.
- Pantalones cortos y faldas deben tener una longitud al nivel de los dedos extendidos. No se corta shorts o minifaldas.
- No chancas, sandalias, chancletas, zapatos abiertos, zapatos con plataforma, tacón alto o "Heelies" (zapatos con ruedas).
- No se permite usar sombreros, gorras o capuchas en el edificio. Se pueden usar gorras afuera para protegerse del sol y deben usarse de la manera correcta.
- Ropa rasgada en áreas inapropiadas. La ropa debe estar libre de roturas y desgarros.
- No se permiten cadenas que cuelgan o cinturones.

Consecuencias a las violaciones del Código de vestir:

Los estudiantes que están en violación del código de vestir pueden ser enviados a casa para cambiarse a ropa adecuada.

## Laneview學生著裝規定

Laneview小學強制執行學生著裝，以維護一個積極的學校氛圍，確保所有學生的安全。任何破壞規定的服裝或儀容包括如下，但不限於：

- 服裝被視為不安全的，危險或危害健康。
- 服裝搭配的图片或符號被視為不恰當的。毒品，性，暴力，酒精，煙草以及對任何性別，文化或種族的攻擊性口號或有辱人格的言語。
- 頭髮顏色或髮型設計破壞教室或校園的規定。
- 暴露內衣的服裝。
- 暴露胸部，腹部或胃部的上衣。背心，露肩吊帶衫，露背上衣，細肩帶是不允許的。
- “下垂”或過於寬鬆的褲子都是不允許的。
- 短褲和裙子必須長達指尖的長度。不允許短褲或迷你裙。
- 不允許拖鞋，涼鞋，人字拖，滑鞋，厚高鞋，高跟或“Heelies”（有輪子的鞋）。
- 不允許在室內戴帽子和頭套。可以在室外戴帽子防曬，必須以正確的方式佩戴。
- 不允許服裝在不適當的部位有撕裂。服裝必須是無裂縫和破損。
- 不可以懸掛鏈條或腰帶。

### 違反著裝規定的後果：

凡違反著裝規定的學生可能被送回家更換適當的衣服。



## Kodigo sa Pananamit ng mga Mag-aaral sa Laneview

Ipinatutupad ng Paaralang Laneview ang kodigo ng pananamit sa mga mag-aaral upang mapanatili ang positibong klima sa paaralan at siguruhin ang kaligtasan ng lahat ng mag-aaral. Anumang kasuotan o uri ng bihis na makakatawag pansin sa pagpapatuloy ng pagtuturo, kasama ang, ngunit hindi limitado sa:

- Pananamit na tinuturing na hindi ligtas, mapanganib o banta sa kalusugan.
  - Pananamit na may mga larawan o simbolo na hindi angkop. Droga, seks, karahasan, alcohol, tabako, nakagagalit na bansag o mga salita na nagpapababa ng uri ng anumang kasarian, kultura o katutubong kahalagahan.
  - Kulay ng buhok o disenyo ng buhok na makatawag pansin sa klase o sa kampus.
  - Pananamit na nagpapakita ng panloob.
  - Pang-itaas na nagpapakita ng dibdib at tiyan. Mas maikling pang-itaas, “halter” na pang-itaas, “backless” na pang-itaas, “spaghetti straps” at “tube tops” ay hindi pinapayagan.
  - Lumulundo o masyadong laylay na pantalon ay hindi pinapayagan.
  - Korto (Shorts) at mga palda ay kinakailangang mas mahaba ng kaunti. Walang masyadong maikling korto o paldang napakaikli.
  - Walang tsinelas, sandalyas, plip plaps, platporm, sapatos na mataas ang takong o “heelies” (sapatos na may gulong).
  - Walang sombrero, takip o “hood” na dapat isuot sa gusali.
- Ang mga sombrero ay maaaring isuot sa labas para proteksyon sa araw at dapat laging isuot ng tama.
- Pananamit na may mga punit o sira ay hindi naaangkop. Ang mga kasuotan ay kinakailangang walang mga sira at punit.
  - Walang nakalaylay na kadena o sinturon.

### **Mga Kunsikuwensiya sa Paglabag ng Kodigo sa Pananamit:**

Ang mga mag-aaral na lumabag sa mga kodigong pananamit ay maaaring pauwiin upang magpalit ng angkop na pananamit.



# Laneview Elementary School

“A Place to Reach For The Stars”

2095 Warmwood Lane San Jose, CA 95132 (408) 923-1920

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Maricela Krickovic, Principal

## Laneview Elementary School Healthy Snacks and Celebrations

In an effort to stay in accordance with our Board Policy on Nutrition and Health, we are implementing the following policy with regards to student daily snacks. There will be more information to go home throughout the year. In the meantime, we ask and need all parents to adhere to the following directions:

### **Suggested Snacks for Recess**

Baby Carrots	Pop Corn
Cherry Tomatoes	Goldfish Crackers (whole grain)
Fruit	Triscuits
Cheese sticks	Pretzels
Dried Cranberries	Granola Bars
Yogurt or Go-gurt	Apple Juice
String Cheese	Rice Cakes
Bottle Water (a gallon jug or two and paper cups can be used for celebrations)	

### **Foods that have very little or no nutritional value:**

- Chips/Cheetos
- Dry noodles
- Candy
- Soda
- Cookies

**Consult with your child’s teacher as to what healthy food items would be appropriate.**

### **Celebrations**

The staff at Laneview School continues to enforce a school policy regarding birthday celebrations for all students. For whatever reason, we recognize that not all families celebrate birthdays. To get the most from our instructional time in school, we are asking families **not** to send any food, drinks, balloons, flowers or gifts to school to celebrate a birthday.

We recognize the importance of one’s birthday. If you and your student would like to share this celebration in a lasting way, we would appreciate your donation to purchase a book for the classroom or school library. Your child will be able to autograph the birthday book with his/her name, as a lasting memento to Laneview School.

Thank you for your support. If you have any questions, please contact your child’s teacher or principal.

